



FARNBOROUGH HILL

WHOLEHEARTEDLY

Menu - Week One (weeks beginning 20 April, 18 May, 22 June)

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEALS	Southern Fried Chicken Burger with Peri Peri Mayonnaise Vegetable Burger with Peri Peri Mayonnaise	Beef Lasagne Vegetable Lasagne	Assorted Panni's (Mozzarella, Tomato and Basil, BBQ Chicken & Bacon, Tuna Melt)	BBQ Chicken Wings Baby Back Ribs Beef Burger Beyond Burger	Battered Fish Baked Cod Vegetarian Pasta Bake
ON THE SIDE	Sweet Potato Fries BBQ Corn Ribs Slaw	Buttered New Potatoes Sauté Green Beans Italian Salad Garlic Bread	Criss Cross Potato Tossed Salad Coleslaw	Buttered New Potatoes Corn Ribs Salads	Chips Peas and Mushy Peas Baked Beans
DAILY FAVOURITES	Jacket Potato with a selection of Fillings - Soup of the Day - Salad - Sandwiches - Pasta and Sauce				
HOT DESSERTS	Apple and Blackberry Crumble	Biscoff Pudding	Bread and Butter Pudding	Chocolate Fudge Cake	Sticky Toffee Pudding
DAILY SWEET TREATS	Assorted Cold Desserts - Yoghurt - Fresh Fruit				



FARNBOROUGH HILL

WHOLEHEARTEDLY

Menu - Week Two

(weeks beginning 27 April, 1 June, 29 June)

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEALS	Pasta with a Choice of Toppings Pork Mini Meatballs, Tomato, and Creamy Chicken	Chinese Ribs with Hoi Sin Sauce Sweet and Sour Chicken Balls Tofu Stir Fry	Cottage Pie Lentil Shepherd's Pie	Honey Glazed Gammon Roast Chicken Mediterranean Vegetable Tartlets with Feta	Battered Fish Grilled Lemon Salmon with Samphire Mac and Cheese
ON THE SIDE	Garlic Bread Italian Salad Tomato and Mozzarella Sauté Green Beans	Egg Fried Rice Egg Noodles with Stir Fried Veg Duck Spring Rolls Vegetable Spring Rolls	Diced Carrot and Swede Sugar Snap Peas Gravy	Roast Potatoes Tender Heart Cabbage Cauliflower Gravy	Chips Petit Pois and Mushy Peas Baked Beans
DAILY FAVOURITES	Jacket Potato with a selection of Fillings - Soup of the Day - Salad - Sandwiches - Pasta and Sauce				
HOT DESSERTS	Apple Pie	Vanilla Sponge	Sticky Toffee Pudding	Lemon Drizzle	Chocolate Sponge
DAILY SWEET TREATS	Assorted Cold Desserts - Yoghurt - Fresh Fruit				



FARNBOROUGH HILL

WHOLEHEARTEDLY

Menu - Week Three (weeks beginning 4 May, 8 June, 6 July)

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEALS	Beef Burger in a Sourdough Bun Sweet Potato and Crispy Onion in a Sourdough Bun.	Chicken Souvlaki & Pitta Vegetable Souvlaki & Pitta	Thai Red Chicken Curry Bang Bang Cauliflower	BBQ Beef Burger Chicken Wings Thai Tuna Supreme Beyond Burger	Battered Fish Scampi Tomato and Spinach Gnocchi
ON THE SIDE	Skinny Fries Coleslaw Potato Salad	Tzatziki Gigantes Plaki Beans Hummus	Rice Singapore Egg Noodles Stir Fried Vegetables Prawn Crackers	Buttered New Potatoes Corn Ribs Salads	Chips Petit Pois and Mushy Peas Baked Beans
DAILY FAVOURITES	Jacket Potato with a selection of Fillings - Soup of the Day - Salad - Sandwiches - Pasta and Sauce				
HOT DESSERTS	Syrup Sponge Pudding	Fruit of the Forest Crumble	Assorted Waffles	Victoria Sandwich	Rice Pudding
DAILY SWEET TREATS	Assorted Cold Desserts - Yoghurt - Fresh Fruit				



FARNBOROUGH HILL

WHOLEHEARTEDLY

Menu - Week 4

(weeks beginning 11 May, 15 June)

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEALS	Hunters Chicken BBQ Butternut Squash	Mexican Beef Chilli Argentinian Five Bean Vegetable Chilli	Beef Kebabs with Flat Bread Chicken Shawarma with Flat Bread Potato, Spinach and Cheese Gozleme	Roast Beef and Horseradish Sauce Roast Chicken Curry Puffs	Battered Fish Seafood Paella Ciabatta Pizza
ON THE SIDE	Roasted New Potatoes Buttered Sweetcorn Garden Peas	Turmeric Rice Nachos Sour Cream, Guacamole, Salsa	Turkish Potatoes with Cumin, Red Pepper and Onion Turkish Salads	Roast Potatoes Farmhouse Vegetables Green Beans Yorkshire Pudding Gravy	Steak Chips Petit Pois and Mushy Peas Baked Beans
DAILY FAVOURITES	Jacket Potato with a selection of Fillings - Soup of the Day - Salad - Sandwiches - Pasta and Sauce				
HOT DESSERTS	Cinnamon Swirl Cake	Apple Crumble	Rice Pudding	Mango Cheesecake	Syrup Sponge Pudding
DAILY SWEET TREATS	Assorted Cold Desserts - Yoghurt - Fresh Fruit				