



## FARNBOROUGH HILL

WHOLEHEARTEDLY

### Menu - Week One (weeks beginning 21 April, 19 May, 23 June)

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEALS	Grilled Chicken Burger in a Pretzel Bun  Grilled Halloumi Wrap	Lamb and Mint Sausages Pittas  Vegetable Sausages Pittas	Thai Red Chicken Curry  Thai Red Sweet Potato Curry	Roast Beef  Roast Chicken  Vegetable Toad in the Hole	Battered Cod  Grilled Lemon Salmon  Ciabatta Pizza
ON THE SIDE	Sweet Potato Fries  BBQ Corn Ribs  Coleslaw	Sauté new potatoes  Greek Salad  Hummus	Rice  Singapore Noodles  Prawn Crackers  Mango Chutney	Roast Potatoes  Roasted Parsnips and Carrots  Sautéed Savoy Cabbage  Gravy	Steak Chips  Petit Pois and Mushy Peas  Baked Beans
DAILY FAVOURITES	Jacket potato with a selection of fillings - Soup of the day - Salad - Sandwiches - Pasta and Sauce				
HOT DESSERTS	Peach Crumble	Chocolate Sponge	Apple Pie	Lemon Drizzle Cake	Rice Pudding
DAILY SWEET TREATS	Assorted Cold Desserts - Yoghurt - Fresh Fruit				





## FARNBOROUGH HILL

WHOLEHEARTEDLY

### Menu - Week Two (weeks beginning 28 April, 2 June, 30 June)

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEALS	Pasta with a Choice of Toppings: Beef Ragu, Tomato, Spinach Mascarpone and Creamy Chicken	Chicken Burrito  Vegetable Taco Shells	Sweet and Sour Chicken  Vegetable Pancake Roll	Assorted Paninis (Cheese and Tomato, Cheese and Ham, Tuna Melt)	Battered Cod  Grilled Lemon Salmon  Macaroni Cheese
ON THE SIDE	Garlic Bread  Italian Salad  Tomato and Mozzarella	Loaded Nachos Guacamole, Sour Cream, Salsa  Nacho Cheese Sauce	Rice  Stir Fry Vegetables  Prawn Crackers	Potato Salad  Tossed Salad  Coleslaw	Triple Cooked Large Chips  Petit Pois and Mushy Peas  Baked Beans
DAILY FAVOURITES	Jacket potato with a selection of fillings - Soup of the day - Salad - Sandwiches - Pasta and Sauce				
HOT DESSERTS	Sticky Toffee Pudding	Plum Tarte Tatin	Golden Syrup Sponge Pudding	Chocolate Brownie	No Nut Bakewell Tart
DAILY SWEET TREATS	Assorted Cold Desserts - Yoghurt - Fresh Fruit				





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WHOLEHEARTEDLY

### Menu - Week Three

(weeks beginning  
5 May, 9 June)

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEALS	Lamb Meat Balls  Tempura Halloumi with Sweet Chilli Jam	Loaded Venison Dog  Falafel Burger	Lasagne  Vegetable Lasagne	Honey Glazed Gammon Roast Chicken  Welsh Rarebit with Tomato Chutney	Battered Cod  Scampi  Vegetable Paella
ON THE SIDE	Rice  Watermelon, Mint and Feta  Turkish Salad	Seasoned Wedges  Remoulade Salad  American Slaw  Toppings	Italian Salad  Garlic Bread Rice	Roast Potatoes  Baton Carrots  Broccoli  Yorkshire Puddings  Gravy	Skin On Chips  Petit Pois and Mushy Peas  Baked Beans
DAILY FAVOURITES	Jacket potato with a selection of fillings - Soup of the day - Salad - Sandwiches - Pasta and Sauce				
HOT DESSERTS	Marble Sponge	Chocolate Orange Sponge	Apple Crumble	Ginger and Toffee Cheesecake	Lemon Meringue Pie
DAILY SWEET TREATS	Assorted Cold Desserts - Yoghurt - Fresh Fruit				





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### Menu - Week Four

(weeks beginning  
12 May, 16 June)

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEALS	Lamb Kofta in a Soft Shell Taco  Vegetable Souvlaki and Khobez Flat Bread	Chicken Tikka Masala  Paneer Masala	Chicken Fajita  Mexican Vegetable Fajita	F'Hill BBQ: Beef Burger, Sausage, Tuna Supreme, Vegetable Kebabs, Vegetable Sausage	Battered Cod  Baked Cod with Samphire and Hollandaise  Pea and Asparagus Risotto
ON THE SIDE	Cous Cous Roasted Mediterranean Vegetables Houmous and Olives	Rice Samosa & Onion Bhaji Poppadums Indian Sides	Waffle Fries Corn on the Cob Mexican Slaw Mexican Dressings	Potato Salad Coleslaw Farmhouse Salad Sauces	Chips Peas and Mushy Peas Baked Beans
DAILY FAVOURITES	Jacket potato with a selection of fillings - Soup of the day - Salad - Sandwiches - Pasta and Sauce				
HOT DESSERTS	Ginger Cake	Chocolate Chip Sponge	Cherry Crumble	Millionaires Shortbread	Sticky Toffee Pudding
DAILY SWEET TREATS	Assorted Cold Desserts - Yoghurt - Fresh Fruit				