

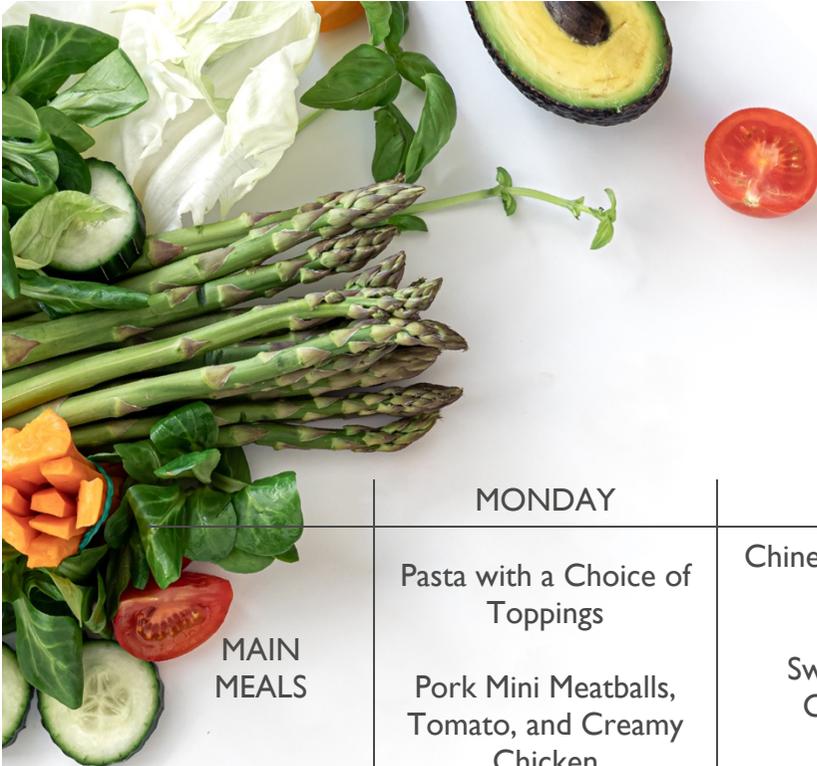
**FARNBOROUGH HILL**

WHOLEHEARTEDLY

## Menu - Week One

*(weeks beginning 23 February, 23 March)*

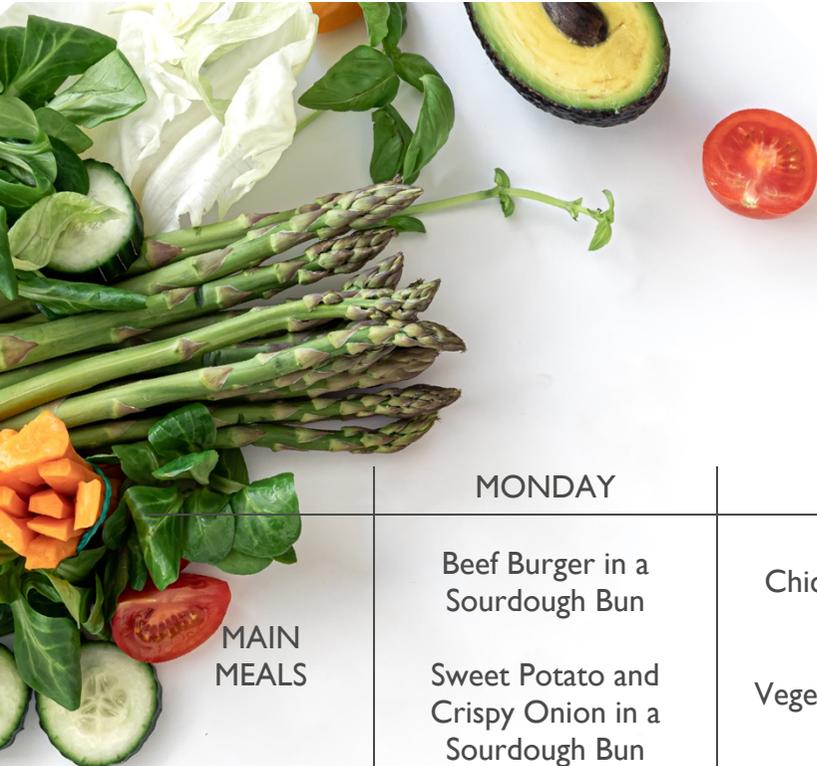
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEALS	Hunters Chicken BBQ Butternut Squash	Mexican Beef Chilli Argentinian Five Bean Vegetable Chilli	Beef Kebabs with Flat Bread Chicken Shawarma with Flat Bread Dolma Turkish Stuffed Peppers	Roast Pork and Apple Sauce Roast Chicken Mediterranean Vegetable Tartlets with Feta	Battered Fish Seafood Paella Ciabatta Pizza
ON THE SIDE	Roasted New Potatoes Buttered Sweetcorn Garden Peas	Turmeric Rice Nachos Sour Cream, Guacamole, Salsa	Turkish Potatoes with Cumin, Red Pepper and Onion Turkish Salads	Roast Potatoes Tender Heart Cabbage Cauliflower Gravy	Steak Chips Petit Pois and Mushy Peas Baked Beans
DAILY FAVOURITES	Jacket Potato with a selection of Fillings - Soup of the Day - Salad - Sandwiches - Pasta and Sauce				
HOT DESSERTS	Cinnamon Swirl Cake	Apple Crumble	Rice Pudding	Mango Cheesecake	Syrup Sponge Pudding
DAILY SWEET TREATS	Assorted Cold Desserts - Yoghurt - Fresh Fruit				



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**Menu - Week Two**  
*(week beginning 2 March)*

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>MAIN MEALS</b>	Pasta with a Choice of Toppings  Pork Mini Meatballs, Tomato, and Creamy Chicken	Chinese Ribs with Hoi Sin Sauce  Sweet and Sour Chicken Balls  Tofu Stir Fry	Cottage Pie  Lentil Shepherd's Pie	Honey Glazed Gammon  Roast Chicken  Cypriot Grilled Halloumi and Vegetable Stack	Battered Fish  Grilled Lemon Salmon with Samphire  Mac and Cheese
<b>ON THE SIDE</b>	Garlic Bread Italian Salad Tomato and Mozzarella Sauté Green Beans	Egg Fried Rice Egg Noodles with Stir Fried Veg Duck Spring Rolls Vegetable Spring Rolls	Diced Carrot & Swede Sugar Snap Peas Gravy	Roast Potatoes Cauliflower & Broccoli Cheese Baton Carrots Gravy	Chips Petit Pois & Mushy Peas Baked Beans
<b>DAILY FAVOURITES</b>	Jacket Potato with a selection of Fillings - Soup of the Day - Salad - Sandwiches - Pasta and Sauce				
<b>HOT DESSERTS</b>	Apple Pie	Vanilla Sponge	Sticky Toffee Pudding	Lemon Drizzle	Chocolate Sponge
<b>DAILY SWEET TREATS</b>	Assorted Cold Desserts - Yoghurt - Fresh Fruit				



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**Menu - Week Three**  
*(week beginning 9 March)*

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>MAIN MEALS</b>	Beef Burger in a Sourdough Bun  Sweet Potato and Crispy Onion in a Sourdough Bun	Chicken Souvlaki & Pitta  Vegetable Souvlaki & Pitta	Thai Red Chicken Curry  Bang Bang Cauliflower	Roast Beef & Horseradish Sauce Roast Chicken  Curry Puffs	Battered Fish  Scampi  Tomato and Spinach Gnocchi
<b>ON THE SIDE</b>	Skinny Fries Coleslaw Potato Salad	Tzatziki Gigantes Plaki Beans Hummus	Rice Singapore Egg Noodles Stir Fried Vegetables Prawn Crackers	Roast Potatoes Farmhouse Vegetables Green Beans Yorkshire Pudding Gravy	Chips Petit Pois and Mushy Peas Baked Beans
<b>DAILY FAVOURITES</b>	Jacket Potato with a selection of Fillings - Soup of the Day - Salad - Sandwiches - Pasta and Sauce				
<b>HOT DESSERTS</b>	Syrup Sponge Pudding	Fruit of the Forest Crumble	Assorted Waffles	Victoria Sandwich	Rice Pudding
<b>DAILY SWEET TREATS</b>	Assorted Cold Desserts - Yoghurt - Fresh Fruit				



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**Menu - Week 4**  
(week beginning 16 March)

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>MAIN MEALS</b>	Southern Fried Chicken Burger with Peri Peri Mayonnaise  Vegetable Burger with Peri Peri Mayonnaise	Beef Lasagne  Vegetable Lasagne	Assorted Panni's (Mozzarella, Tomato and Basil, BBQ Chicken and Bacon, Tuna Melt)	Hungarian Beef Goulash  Smoked Paprika Vegetable Stew	Battered Fish  Baked Cod  Vegetarian Pasta Bake
<b>ON THE SIDE</b>	Sweet Potato Fries BBQ Corn Ribs Slaw	Buttered New Potatoes Sauté Green Beans Italian Salad Garlic Bread	Criss Cross Potato Tossed Salad Coleslaw	Parsley Parmentier Potatoes Mange Tout Honey and Thyme Chantenay Carrots	Chips Peas & Mushy Peas Baked Beans
<b>DAILY FAVOURITES</b>	Jacket Potato with a selection of Fillings - Soup of the Day - Salad - Sandwiches - Pasta and Sauce				
<b>HOT DESSERTS</b>	Apple and Blackberry Crumble	Biscoff Pudding	Bread & Butter Pudding	Chocolate Fudge Cake	Sticky Toffee Pudding
<b>DAILY SWEET TREATS</b>	Assorted Cold Desserts - Yoghurt - Fresh Fruit				